

## LIFEJACKET DONNING

To ensure the effectiveness of any inflated lifejacket it must be worn correctly. These instructions cover the donning of all Crewsaver lifejackets with a twin adjustment system including the; ErgoFit, Crewfit XD and all Crewfit 180N Pro lifejacket ranges.

## **BEFORE DONNING**

Before donning your lifejacket always check that it is fit for use by looking for any obvious signs of damage or loose or missing items. If the jacket has a window, ensure operating system ID's are in the green.



## **FASTENING BUCKLES**

For a `non-harness' lifejacket fitted with a plastic clip, open the waist strap buckle by pressing in both red tabs.

For a `with harness' lifejacket fitted with a metal inter-lock buckle feed the smaller metal buckle through the larger one.

## LIFEJACKET DONNING



Starting with your preferred arm, put it on like a waistcoat



Fasten the waist strap buckle



If the jacket feels too tight adjust the length of the waist belt on each side by pulling the tab shown



Grasp both waist belts and pull forward at the same time until the jacket is comfortably tight against your body



Pulling alternatively on the left and right sides will settle the jacket into your body



Tidy away excess waist belt by folding up and tucking into the elasticated retainers



Unclip the crutch strap or straps, pass between your legs and re-attach avoiding any twists in the strap



Pull down on any loose strap to achieve a comfortably tight fit



Fold up any excess strap and secure using the Velcro tidies or elasticated retainers



Check the fit after donning by hooking your thumbs under the collar and lifting upwards, the jacket shouldn't move away from your shoulders



If there is too much movement adjust the jacket accordingly. If the fit is secure you are fitted correctly

